



Le Spa





## Treatment Wording

### **The Power of Marine Spa & Beauty**

Thalgo treatments are renowned for their incredible results. World leader and originator of the marine spa and beauty trend for over 50 years, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties vital for health and well-being.

Thalgo's exceptional body treatments refine, relax and tone, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

**THALGO**  
LA BEAUTE MARINE

# Thalgo Facials

Thalgo has a facial to treat virtually any concern. All Thalgo facials begin with the "Discovery of the Sea" massage to ease tensions and immerse you in a relaxing aquatic cocoon. For best results, Thalgo recommends a course of 6 facials, in conjunction with the accompanying homecare range to continue effectiveness.

## — << HEART OF THE OCEAN RITUALS —

**Source marine ritual - Normal/dehydrated /Cold cream marine ritual Sensitive & dry/  
very dry - Purete marine ritual - Oily/combination 1 hour - 650 Kn - Face and décolleté**

This personalised Thalgo signature facial ritual begins with a relaxing welcome massage after which the skin is gently cleansed and exfoliated. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck. This is followed by a skin-specific mask to correct any skin concerns. The treatment finishes with an application of moisturiser, leaving the complexion restored to its natural beauty. (Can be personalised according to skin type)

## — << ANTI - AGEING 35 —

**Hyaluronic Smooth and Fill Facial 1 hour - 700 Kn**

Correct the signs of ageing as they appear, with this smoothing and filling facial designed for age 35+ or for more pronounced wrinkles. After a relaxing welcome massage to immerse you in an aquatic cocoon, a cleansing ritual adapted to your skin type is carried out, followed by intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients. Next, an expert anti-ageing massage lifts the features and helps the skin drink in all the Hyaluronic Acid, while a Hyaluronic Mask is applied to the rest of the face to smooth the skin, leaving your complexion glowing. You'll enjoy a relaxing hand and arm massage while the mask is left to act. After the treatment you will notice your lines are less pronounced and skin is younger looking.

## — << MEN'S FACIALS —

**Thalgo Men Ocean Ritual 1 hour - 680 Kn**

This high-tech, relaxing facial for stressed male skin combines energising marine active ingredients with soothing massage movements to ensure exceptional results. The facial begins with a relaxing back massage, followed by a deep cleansing exfoliating ritual carried out on the face and neck, including an application of Algue Bleue Vitale Extract to revitalise the skin. A shoulder, neck and scalp massage relieves any remaining tension, and the skin is left looking brighter with all signs of stress and fatigue .

# Thalgo body treatments



As specialists in marine spa therapies, Thalgo harnesses all the riches of the sea; oligo-elements, proteins, amino-acids, minerals and vitamins, Slimming, Firming, Detox and Relaxation. We recommend courses of 6-12 sessions for maximum results. All body treatments begin with the Discovery of the Sea welcome massage to relax the body and ease tension.

## CLASSIQUE MARINE ALGAE

### ◀ RELAXATION

#### **Thalgo Aroma oceane Body Wrap 1hr15 mins - 750 Kn**

This ultra-relaxing treatment combines Aromatherapy with a marine body wrap to improve health and well-being. After a welcome massage to soothe tensions, the therapist performs reflex activity on the feet.

The Natural Marine Mud body wrap is customised with essential oils, chosen to suit your specific concerns (relaxation, slimming or detox) and applied to the body. You will be wrapped in a thermal blanket while it infuses its benefits. Once the wrap is removed, a light massage is carried out with the chosen blend of essential oils.

### ◀ ULTIMATE EXFOLIATION

#### **Thalgo Marine Prelude 1h - 680 Kn**

For the ultimate full body exfoliation designed to give super-soft skin, this treatment combines Natural Marine Mud taken from the Dead Sea and natural sea salts. The body is treated to a marine salt exfoliation to eliminate dead skin and alleviate dry and rough skin and invigorate the whole body.

This is then followed by an application of marine mud to naturally remineralise and revitalise. While this is taking effect a deeply relaxing scalp massage promotes relaxation and eases tension. To finish, the whole body is treated to a light massage using an ultra-nourishing body cream.

— << RELAXATION & SPA —

**Thalgo Aroma Oceane Spa rituals 1h00 - 680 Kn**

An hour of pure bliss. Using the powerful techniques of Shiatsu and Swedish massage schools, this relaxing massage activates circulation and the lymphatic system to flush away toxins. After this full body massage, all signs of stress and fatigue are soothed away.

— << SPA RITUALS —

**Thalgo Polynesia Spa Ritual 1h30 - 900 Kn**

Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water foot bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin.

Next is the Exotic Island Body Scrub, a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of the entire body to leave the skin feeling smooth and soft.

The Mahana Massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin.

Finally, Polynesian Sacred Oil from Raiatea, the sacred island, is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoï.

# LITTLE GREEN BAY

Foot massage	20 mn : 215 Kn
Foot & hands massage	30 mn : 250 Kn
Face, neck and neckline massage	20 mn : 250 Kn
Body scrub and light massage	40 mn : 330 Kn
Leg massage	40 mn : 330 Kn
Back massage	40 mn : 330 Kn

## **Traditionelle manicure/pedicure (OPI)**

Basic manicure + relaxing hand massage	215 Kn
Basic manicure + nail polish	290 Kn
Basic pedicure + relaxing foot massage	250 Kn
Basic pedicure + nail polish	330 Kn
Basic manicure + pedicure	450 Kn
Duo manicure/pedicure + nail polish	580 Kn

## **Permanent manicure/pedicure (OPI)**

Permanent manicure + relaxing hand massage	370 Kn
Permanent pedicure + relaxing hand massage	370 Kn
Duo permanent manicure/pedicure + nail polish	700 Kn

## **Waxing**

Full leg waxing	260 Kn
Lower leg waxing	140 Kn
Tight waxing	160 Kn
Underarm waxing	110 Kn
Arm waxing	120 Kn

